

Spontaneous song and sound: tuning into your clown's creativity

Presentation Description:

This interactive workshop is designed for healthcare clown practitioners

We all know about the merits of music in healthcare. And about the therapeutic benefits to our patients of being invited to either lead or join their clowns in a familiar song. But what of the art of improvised music?

In this workshop, healthcare clown participants will explore their own style of spontaneous music and gain confidence to use this approach during situations such as procedures and various therapy sessions. They will learn how to create spontaneous songs based on people in the room, emotions and even objects in the room!

Personalizing music and naming those 'elephants' in the room goes a long way toward patients, their families and staff feeling included and heard. Creating something in the moment just for them honours their choices through an authentic musical approach.